ARE YOU ELIGIBLE FOR THE FOOD ASSISTANCE PROGRAM?

WORKING WITH US

MI Bridges can help you to access more than 30,000 state and local services across the state

ACCESS THE FREE BENEFITS YOU FOUGHT FOR



SNAP eligibility is based on the financial situation of all members in a household. Everyone who lives, purchases, and/ or prepares food together is considered a member of the same household group. Applying for SNAP will include a review your expenses, assets, military retirement, VA disability payments and income to determine what, if any, benefits you may be eligible.

For additional support services through Michigan's Department of Health and Human Services, call **855-275-6424.**

MSUE Website: www.msue.msu.edu

MIFFS Website: www.miffs.org

ASK AN EXPERT





food BANK



Need help applying for SNAP benefits?

For help finding a food pantry, assistance in applying for SNAP benefits or referrals to other resources call:





WE ARE HERE TO HELP YOU EVERY STEP OF THE WAY

Just ask us how we can help!





FOOD ASSISTANCE

MI Bridges

Register Now At: www.michigan.gov/mibridges

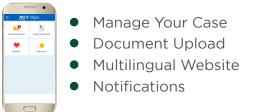
Temporary food assistance for eligible lowincome families and individuals is available from the U.S. Department of Agriculture.

Apply for benefits including:

- Healthcare Coverage
 - Cash Assistance
 - Food Assistance Program (FAP)
 - State Emergency Relief
 - Child Development & Care (CDC)

MANAGE YOUR CASE ANYWHERE

View your benefits, letters from MDHHS, and renewals all in the palm of your hand. Anytime.



EXPLORE RESOURCES

Not applying for benefits? Looking for additional help? Not a problem! If you need help now, you can quickly search for state and local resources near you.

> Helping you every step of the way. Apply for benefits, manage your case, and explore resources.

D238 2801 2345 6789 JOHN CARDHOLDER

LEARN HOW TO EAT HEALTHY ON A LIMITED BUDGET

Michigan State University (MSU) Extension partners with Michigan Department of Health and Human Services (MDHHS) to provide Supplemental Nutrition Assistance Program Education (SNAP-Ed), a free nutrition education program to reduce hunger and food insecurity and promote healthy eating habits. MSU Extension SNAP-Ed nutrition instructors teach youth, teens, adults and seniors how to make health a priority through an instructional series. The goal of the SNAP-Ed program is to increase the likelihood that those eligible for SNAP benefits will establish healthy eating habits and increase their time spent involved in physical activity, while staying within their food budget. Learn more at : www.canr.msu.edu/snap_ed

